

Crossroads of America Council, BSA

Procedure for Pre-Camp Swim Checks

A unit may choose to conduct or engage in swim checks prior to coming to summer camp, using its own leadership and aquatic personnel. The following steps must be adhered to for the swim checks to be accepted as valid by the camps Aquatics Director.

1) **Supervision** – The most important criteria is to have a certified adult conducting the tests. The certified adult must have at least one of the following certifications:

- BSA Aquatics Instructor
- BSA Lifeguard
- American Red Cross WSI
- YMCA Youth and Adult Instructor I or II
- Ellis and Associates Learn to Swim Program Instructor
- ASCA Level 1 or higher

If your certification is not on the list, but believe you are qualified to conduct the swim test, please contact the Crossroads of America Aquatics Committee to gain approval prior to conducting the tests.

2) **Personnel** – Individuals administering the individual tests to scouts should be:

- Adult or Youth with BSA Swimming and Water Rescue Certification
- Adult with strong aquatic skills
- Older scouts with Swimming and Lifesaving Merit Badge
- Anyone with one of the certification in Section 1

3) **Safe Swim Defense Plan** – a qualified person should review the Safe Swim Defense Plan to the entire unit prior to the tests. All points of the Safe Swim Defense Plan should be adhered to during the test.

4) **Personal Health History** – Every scout taking a test must have a personal health history on file with the unit prior to taking a test. This can be waived if the scout has a parent present at the pool during his test.

5) **Test Administration** – Each test must be administered with a 1:1 ratio of guard to swimmer. (Guard referring to an approved administrator from section 2). Specifications of each test are outlined on Unit Swim Classification Record.

6) **Record Keeping** – Careful records should be kept that include:

- Scout's Name
- Classification
- Swim Test Administration Date
- Swim Test Supervisor
- Supervisor's Certification

Copies of these records should be provided to the Aquatics Director prior to or upon arrival at camp.

Unit Swim Classification Record for Unit _____

Date Test(s) Administered: _____ Location: _____

Non-Swimmer: No Test Necessary

Beginners Test: Jump feet first into water over the head in depth. Level off and swim 25 feet on the surface. Stop, turn sharply, resume swimming and return to starting place.

Swimmers Test: Jump feet first into water over the head in depth. Level off and swim 75 yards in a strong manner using any one or more of the following strokes: sidestroke, breaststroke, trudgen, or crawl; then swim 25 yards using an easy, resting backstroke. The 100 yard swim must be completed in one swim without stops and must include at least one sharp turn. After completing the swim, rest by floating.

***Special Note:** Although swim test may be given prior to summer camp, the Aquatics Director is expected to review or retest any Scout or Scouter whose skills appear inconsistent with his or her classification. Additionally, the Aquatics Director is authorized to retest any scout or group of scouts when they have reasonable belief that the swim tests were not properly administered.

	Swim Classification		
	Non-Swimmer	Beginner	Swimmer
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			
13.			
14.			
15.			

I affirm by my signature that the above individuals successfully completed the test requirements

Qualified Supervisors Signature (see page 1)

Printed Name

Certification

Expiration Date (if applicable)

Unit Leader Signature